

# Ashtanga Yoga

## L'ashtanga Yoga



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The screenshot shows a YouTube channel page with the following details:

- Channel name: **Rechercher**
- Navigation tabs: ACCUEIL, VIDÉOS, LISTES DE LECTURE, CHAÎNES, À PROPOS
- Section: **Mises en ligne** (with a 'TOUT LIRE' link)
- Four video thumbnails are displayed with the following data:

Video Title	Duration	Views	Upload Date
Raja Yoga - Patrick Vesin	8:53	1 k	il y a 1 semaine
Baudouin Legrand - a étudié avec Babacar Khane et Andr...	5:44	2.2 k	il y a 2 semaines
YogaPartout lance un nouveau magazine...	55:40	6.2 k	il y a 1 mois
Babakar Khane pratique le Yoga Égyptien (1:42 sec)	1:43	4.2 k	il y a 2 mois

Red arrows point from the view counts and upload dates to the following text:

- 1 week, 1 K (under the first video)
- 2 weeks, 2.2 K (under the second video)
- 1 month, 6.2 K (under the third video)
- 2 months, 4.2 K (under the fourth video)

