

Maharishi Mahesh Yogi

Jai Guru Dev

Hello to all who aspire to a better life through the path of yoga.

For many people, Maharishi Mahesh Yogi remains a figure of mystery. For others, he is remembered as a sage who [deeply influenced the West](#) by making spiritual practice more accessible through the technique of Transcendental Meditation.

His teachings influenced many people, including writers, artists, filmmakers, and public thinkers. Certain media currents in contemporary cinema and popular culture have also drawn inspiration from his message. Among those who have studied Maharishi from a media and cultural perspective are Douglas E. Cowan, a scholar specializing in religion, film, television, and popular culture, as well as those who have examined the work and spiritual commitments of filmmaker David Lynch.

Transcendental Meditation and the Media

When Maharishi communicated his message, especially toward the end of the 1980s, he often spoke of the Age of Enlightenment, the New Age, an age of peace and serenity, and even the possibility of a world government devoted to peace. His teachers had also learned and transmitted advanced practices, including the siddhis, such as yogic flying or levitation.



Source de la photo: Wikimedia

What else

Here is the well know Maharishi Mahesh Yogi in his forties + his guru "Guru Dev" and David Lynch an influential person who promoted the benefits of meditation.



Source: <http://www.wrs.vcu.edu/>



What do you think

Words of Wisdom

Thousands of candles can be lit from a single candle...
Happiness never decreases by being shared

- *Bouddhist Aṅguttara Nikāya*

Testimonial

Here is a testimonial from Professor David G. Bromley, Ph.D. on the [World Religion and Spirituality Project web site](#).

The Transcendental Meditating Filmmaker:
David Lynch



Source: macleans.ca

For some reasons, David Lynch was viewed by some as a money "go getter" for the Maharishi organization because, whenever he would be interviewed, he had good words for Maharishi.

One way to understand this is to recognize that even well-known figures who create disturbing or unsettling films may still carry an inner light. This image of the filmmaker on a green banknote does not simply suggest money or fame. Rather, it evokes a man held captive by the dullness and apparent dead end of everyday life, searching in vain for a way to escape through dreams and imagination.

Some others may remember the film that portrays the more-than-ordinary everyday life of the character known as Eraserhead, who escapes into his imagination.

Interesting links

- [The Maharishi International University](#)
 - [A YouTube about Meditation](#)
- [Pandits in the Vedic history](#)
- [Page in French dedicated to Guru Dev by the Beatles](#)